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Product Name Structure Symbol Structure & Function Highlights

Cholesterin™



- **Supports Normal Cholesterol Levels**

Nine tablets contain:

Vitamins & Minerals

% U.S.
RDA

Cholesterin™ focuses on the nutritional issues of intelligent cholesterol maintenance. While other supplements may provide partial solutions, Cholesterin contains a broad spectrum of fibers, nutrients and related substances shown in scientific studies to help maintain normal cholesterol levels when consumed as part of a total dietary program.

Vitamin B-3 (Niacin)

480 mg

2400%

Recent research suggests that certain lifestyle and dietary changes may have a positive influence on cholesterol levels in the body.

Vitamin C (Calcium
Ascorbate, Ascorbic Acid,
& Zinc **Ascorbate**)

900 mg

1500%

Other Ingredients:

Oats (Bran & Fiber)

2500 mg

Vitamin E (d-alpha
Tocopheryl Succinate)

100 IU

333%

Grapefruit **Pectin**

1400 mg

Calcium (Calcium
Ascorbate)

100 mg

10%

Psyllium Seed Husk

1100 mg

Zinc (Zinc Ascorbate)	6 mg	40%	Lecithin (with 24% Phosphatidyl Choline)	900 mg
Copper (Copper Sebacate)	2 mg	100%	Alfalfa Seed	600 mg
Chromium (ChromeMate® GTF Yeast-Free Polynicotinate)	300 mcg	*	Beta Sitosterol	300 mg

Recommended Use: 6 to 9 tablets daily (2 to 3 tablets with each of 3 meals). Take tablets with at least 8 oz (one cup) of water or other liquid.

L-Arginine 300 mg

* U.S. RDA not established.

NOTE: Pregnant or nursing women should consult their health care professional before using this product. Niacin may cause temporary flushing, tingling, skin reddening, and sensations of heat, especially if taken on an empty stomach. This is a natural and harmless reaction.

**ChromeMate® is a registered trademark of InterHealth Company.

CAUTION: Take this product with at least 8 oz of water. Without drinking enough liquid, the tablets may swell in the throat, causing blockage or choking. May cause allergic reactions in persons sensitive to inhaled or ingested psyllium. Suitable for vegetarians: free of yeast, dairy, egg, gluten, corn, wheat, sugar, salt, artificial color, flavor, fragrance or preservatives. Product Code: HR108 90 tabs • HR109 180 tabs

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